

LADOCK PE CURRICULUM September 24 - July 2025

This document maps out the PE units that are taught throughout the year, although the order of activities may at times change due to facilities and availability.

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Cuby EYFS Class teacher or Sports Specialist	Multi-skills Arena SOW (Throwing/catching / rolling / dribbling - hands & feet)	Multi-skills - Winter & Christmas <i>PoPE SOW</i>	Multi-skills Arena SOW Games	Dance	Striking & fielding skills through Cricket/ Rounder's type activities <i>ARENA SOW - KS1 S & F</i>	Gymnastics (field)
Cuby EYFS Class Teacher	Continuous Provision within the classroom Climbing, jumping, throwing and hitting	Continuous Provision within the classroom Climbing, jumping, throwing and hitting	Continuous Provision within the classroom Climbing, jumping, throwing and hitting	Continuous Provision within the classroom Climbing, jumping, throwing and hitting	Athletic skills through running, jumping & throwing	Tennis
Keyne Year 1 / 2 Class teacher	<u>OAA</u>	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge)	Multi-skills - Games (Throwing/catching / rolling / dribbling - hands & feet)	Swimming	Tennis	Gymnastics (field)
Keyne Years 1 / 2	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge)	Net and Wall Games	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge)	Dance	Athletic skills through running, jumping & throwing	Striking & fielding skills through Cricket/ Rounder's type activities
Ladoca Years 3 / 4 Class teacher	Swimming	Invasion Games - Netball / Basketball (Games)	Invasion Games - Football / Hockey	Tennis	Striking & Fielding Skills - Cricket / Rounders/ Tennis	Gymnastics (field)
Ladoca Years 3 / 4	<u>OAA</u>	Rugby	Invasion Games - Football / Hockey	Dance	Athletics Skills /Quad Kids	Striking & Fielding Skills - Rounders/Cricket
Blaise Years 5 / 6 Class teacher	Swimming	Invasion Games - Football / Hockey	<u>OAA</u>	Net & Wall Skills - Tennis/ Badminton	Striking & Fielding Skills - Cricket / Rounders	Gymnastics (field)
Blaise Years 5 / 6	Invasion Games - Netball / Basketball	Rugby (Games)	Invasion Games - Football / Hockey	Tennis	Athletics Skills /Quad Kids	Dance