

LADOCK PE CURRICULUM September 20 - July 2021

This document maps out the PE units that are taught throughout the year, although the order of activities may at times change due to facilities and availability.

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Cuby EYFS Class teacher	Multi-skills/Physical Literacy with equipment (Throwing/catching / rolling / dribbling - hands & feet)	Multi-skills - Winter & Christmas <i>PoPE SOW</i>	Lockdown activities and Yoga	Tennis	Striking & fielding skills through Cricket/ Rounder's type activities <i>ARENA SOW - KS1 S & F</i>	Sports Day Practice - Quad Kids & Athletic type events.
Cuby EYFS Mr Webb	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge)	Dance	Lockdown activities and Yoga	Multi-skills - (Throwing/catching / rolling / dribbling - hands & feet)	Athletic skills through running, jumping & throwing	Net & Wall skills through Tennis/Badminton <i>ARENA SOW - KS1 Net & Wall</i>
Keyne Year 1 / 2 Class teacher	Swimming	Rugby Cornish Pirates	Lockdown activities and Yoga	Dance <i>ARENA SOW - KS1 Dance</i>	Striking & fielding skills through Cricket/ Rounder's type activities	Net & Wall Skills - Tennis/ Badminton
Keyne Years 1 / 2 Mr Webb	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge)	Rugby Cornish Pirates	Lockdown activities and Yoga	Multi-skills - (Throwing/catching / rolling / dribbling - hands & feet)	Athletic skills through running, jumping & throwing	Athletic skills through running, jumping & throwing
Ladoca Years 3 / 4 Class teacher	Invasion Games - Football / Hockey	Rugby Cornish Pirates	Lockdown activities and Yoga	Striking & Fielding Skills - Rounders/Cricket	Net & Wall Skills - Tennis/ Badminton	Swimming
Ladoca Years 3 / 4 Mr Webb	Invasion Games - Netball / Basketball / Tag Rugby	Invasion Games - Football / Hockey	Lockdown activities and Yoga	Invasion Games - Football / Hockey	Athletics Skills /Quad Kids	Athletics Skills /Quad Kids
Blaise Years 5 / 6 Class teacher	Multi-skills/Training Types <i>(PoPE SOW)</i>	Rugby Cornish Pirates	Lockdown activities and Yoga	Striking & Fielding Skills - Cricket / Rounders	Net & Wall Skills - Tennis/ Badminton	Net & Wall Skills - Tennis/ Badminton
Blaise Years 5 / 6 Mr Webb	Invasion Games - Netball / Basketball / Tag Rugby	Invasion Games - Football / Hockey	Lockdown activities and Yoga	Invasion Games - Football / Hockey	Athletics Skills /Quad Kids	Athletics Skills /Quad Kids