

Pupil PE Questionnaire

Please circle ONLY 1.

1. Which best describes you in PE?

- a. I enjoy PE & look forward to it! I don't need much help in lessons & I can do most tasks on my own.
- b. I enjoy PE, however I need some help to do the tasks.
- c. I don't enjoy PE & struggle to complete the tasks asked of me.

2. Do you feel confident in PE?

YES / NO

If no, why not:

3. Do you have a PE lesson every week?

YES / NO

4. Can you name any of the activities/sports that you have taken part in this year?

5. Can you name any skills you have learnt this year in PE? For example, catching/sprinting.

6. Are there any activities you would like to do in school during PE, that we don't already do?

Ladock School

Year group/Class:

7. *Does your class teacher do any movement breaks during the school day? For example, BBC Super movers, GoNoodle, Cosmic Yoga, Wake and Shake?*
YES / NO
8. *Do you know how many minutes of physical activity/exercise you should do each week?*
a. *10 minutes*
b. *30 minutes*
c. *60 minutes*
d. *No idea*
9. *Do you enjoy physical activity at lunchtimes?*
YES / NO
10. *What activities do you do at lunchtimes?*
a. *Running*
b. *Skipping*
c. *Football*
d. *Ball games*
e. *Balancing games*
f. *Other*