

## LADOCK PE CURRICULUM September 22 - July 2023

This document maps out the PE units that are taught throughout the year, although the order of activities may at times change due to facilities and availability.

	AUTUMN 1	AUTUMN 2	SPRING 1	SPRING 2	SUMMER 1	SUMMER 2
Cuby EYFS Class teacher	Multi-skills Arena SOW (Throwing/catching / rolling / dribbling - hands & feet)	Multi-skills - Winter & Christmas  <i>PoPE SOW</i>	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge) Games	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge) Games	Striking & fielding skills through Cricket/ Rounder's type activities  <i>ARENA SOW - KS1 S &amp; F</i>	Gymnastics (field)
Cuby EYFS Class Teacher or Sports Specialist	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge) Games	Dance	Multi-skills Arena SOW (Throwing/catching / rolling / dribbling - hands & feet)	Multi-skills Arena SOW (Throwing/catching / rolling / dribbling - hands & feet)	Athletic skills through running, jumping & throwing	Tennis
Keyne Year 1 / 2 Class teacher	<u>OAA</u>	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge)	Swimming	Net and Wall Games	Striking & fielding skills through Cricket/ Rounder's type activities	Gymnastics (field)
Keyne Years 1 / 2 Sports Specialist	Physical Literacy (Run/Jump/Skip/Gallop /Hop/Dodge)	Dance	Multi-skills - (Throwing/catching / rolling / dribbling - hands & feet)	Multi-skills - (Throwing/catching / rolling / dribbling - hands & feet)	Athletic skills through running, jumping & throwing	Tennis
Ladoca Years 3 / 4 Class teacher	<u>OAA</u>	Invasion Games - Football / Hockey	Swimming	Invasion Games - Football / Hockey	Striking & Fielding Skills - Cricket / Rounders/ Tennis	Gymnastics (field)
Ladoca Years 3 / 4 Sports Specialist	Invasion Games - Netball / Basketball / Tag Rugby (Games)	Rugby Cornish Pirates	Dance	Striking & Fielding Skills - Rounders/Cricket	Athletics Skills /Quad Kids	Tennis
Blaise Years 5 / 6 Class teacher	<u>OAA</u>	Invasion Games - Football / Hockey	Swimming	Net & Wall Skills - Tennis/ Badminton	Striking & Fielding Skills - Cricket / Rounders/ Tennis	Gymnastics (field)
Blaise Years 5 / 6 Sports Specialist	Invasion Games - Netball / Basketball / Tag Rugby	Rugby Cornish Pirates (Games)	Dance	Invasion Games - Football / Hockey	Athletics Skills /Quad Kids	Tennis